



NAOMH GALL NEWS

FEBRUARY 2016

Your Club Needs YOU!!!

Don't forget your club lotto. Available behind the bar. 2 goes for £1!!

All big games screened live on the TV screens in the lounge. Check out the Facebook page for any promotions by our bar manager

A limited selection of new club gear is available from the club shop. Open every Saturday from 10.30am to 1pm

Keep in touch with us on:

www.naomhgall.com

 Naomh Gall CLG

 @naomhgall

The lotto sellers. The sandwich makers. The kit washers. The shop girls. The grass cutters. The ice bath men. The litter pickers. The list goes on and on. What do all these club people have in common? They perform work for Naomh Gall that no-one can put a value to. Unless you're in the club a lot, you'll not appreciate the amount of work they do behind the scenes to keep our great club where it is. They epitomise everything that is good about our club. Silently going about their business and getting the job done. Not looking any rewards, financially or otherwise. All for the love of the club.

Fixtures

6th February:
u10 Football Blitz. Venue TBC

7th February:
NFL Div 4 Round 2: Antrim v Wexford @Corrigan Park 2pm
u10 Hurling Blitz @Eddie Irvine Centre

13th February: u8 & u10 Hurling Blitz. Watch the Facebook Page for details

Each of them have come into the club in different ways. Some had no connection until they brought their children along. Some have had parents and grandparents involved in the club. What they have noticed is the positive impact that our club has had on them both on their own lives and on their families lives. Exactly the same as some of our readers. Maybe you've just brought your children along to their first training session and maybe this is the first experience you've had with Naomh Gall. Or maybe you're bringing your children along, like your parents done with you, and their parents with them. The end product is the same. The conveyor belt keeps on rolling.

14th February:
NHL Div 2A Round 1: Antrim v Derry @Owenbeg 2pm
u8 Hurling Blitz @Eddie Irvine Centre

20th February:
u10 Football Blitz. Venue TBC

21st February:
NHL Div 2A Round 2: Antrim v Kildare @Ballycastle 2pm
u10 Hurling Blitz @Eddie Irvine Centre

What we ask you is what those people I mentioned before asked of themselves. How can you help our club? Sell some lottos! Help make tea/coffee in our coffee shop for our many functions! Wash the rig that your child wears with pride! Even have a drink in our social club! Some may not need much encouragement for this. You'll not find a nicer pint on the road.

Make a difference. Follow in the footsteps of those mentioned above and help push our club onwards. There is a job waiting for each and every one of us!!

NGA!!

27th February: u8 & u10 Hurling Blitz. Watch the Facebook Page for details

28th February:
NFL Div 4 Round 3: Antrim v Liatroim @Corrigan 2pm
u8 Hurling Blitz @Eddie Irvine Centre

All fixtures are subject to change. Team mentors will keep parents up to date with venues and times etc

An Cúinne Gaelach

Hello:

Dia duit



How are you?:

Cad é mar atá tú?

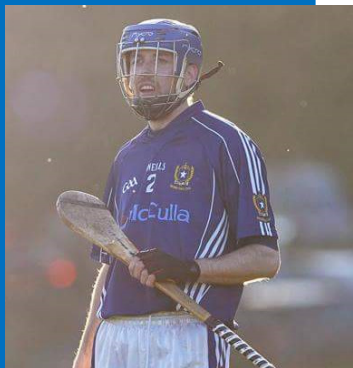
Can I have a pint please?:

Is féidir liom a bheith pi-
onta le do thoil



Goodbye:

Slán



“St Galls is much more than just a club it’s a community and most of all it is a family. Be proud and passionate about our club, take care of it and it will take care of you. NGA”

Upcoming events:

Registration: Will begin on the 6th February and continue throughout the month. To save time when registering, why not download the registration form from our website at www.naomhgall.com and pre fill it. You’ll also find a standing order form available to download on the site.

Refurbishment of the social club is hopefully going to commence this month. Look out for our new and improved look.

Coinciding with the opening of our newly refurbished social club, we hope to relaunch the Saturday morning coffee shop. An ideal way to kick back and relax after a hard working week while the kids are training on the pitches. Look out for some offers about this

Player Focus: David Sheehan

Earliest memory of Naomh Gall?

My earliest memory would be training in De La Salle College on the Glen Road.

It took me a few visits before I would actually train I remember my brother Donal having to trail me up each weekend.

I remember football training was on first and then hurling. Jim McDaniel would have to drag me over to hurling training !!!!!

That is when I was pigeon holed as a defender for the rest of my career...

Most memorable moment with Naomh Gall?

Tough one...but I would have to say it was the half time speech/team talk in the All-Ireland Intermediate Hurling Semi Final.

I think we went in 1 or 2 points up at half time, we were playing well enough. The players were taking on water/food etc. getting repairs done.

When the door opened and Jim McDaniel walked in, he gave a speech that I will never forget, Al Pacino wouldn’t be in it. It made the hairs on your neck stand up. The team burst out of the changing rooms and took to the field and the rest is history.

Person you most admire? Why?

St Galls is full of people I admire.

However, to pick one from a personal point (I know it is a bit cheesy) would be my brother Donal...

From the early days, Donal got me involved and infected with St Galls.

He had me out my back every day after school and during the school holidays up in St Mary’s school practicing my hurling/football.

I got to play along side Donal in my first few years on the senior team & played under him in the South Antrim and senior team. He always had encouragement and wise words to offer me.

GAA Personality you most admire? Why?

This is a tough Question....At the stage I am at now with GAA ie. being a coach to the juvenile teams and coming to the end of my playing days (which according to my wife is this year lol)

I would have to say its the people that put so much time, effort & knowledge into St Galls and especially the juvenile side of things as it has helped to shape me into the person I am today.

Most dedicated teammate?

Joe McDaniel or Alfie Hannaway, but to be fair it all depends on

what mood Gemma & Michelle were in as normally they decide on whether the lads were allowed to go training or not.....

Vainest teammate?

That would have to be Tomas ‘T-Bone’ O Ciarain.....loves his black leather

Who’s the ‘Joker’ in the pack?

Not sure about the ‘Joker’ but we refer to Sean McAreavey as the ‘Joke’

That is in relation to his training philosophy & shooting.

Any advice you’d offer our younger readers?

Well we have a Philosophy with our U8/10/12 hurlers...EAT SLEEP HURL!

Eat - before/after games and training

Sleep - bed on time before Games and Training

Hurl - training isn’t enough you need to be working on your own stick work, 10 mins every day after homework is all it takes.

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